

# Request for Religious Accommodation and Opt-Out

Burbank Unified School District

Parent or guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City, state, ZIP: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Student: \_\_\_\_\_ Grade: \_\_\_\_\_

School: \_\_\_\_\_

## To:

Principal: \_\_\_\_\_

(school named above)

Office of the Superintendent  
Burbank Unified School District  
1900 W. Olive Avenue  
Burbank, California 91506

I am the parent or legal guardian of the student named above. Under the authorities listed at the end of this form, I make the requests marked below. I ask for written acknowledgement of receipt, and for a written reason, citing the exemption relied upon, if any part is refused.

## Part One — The instruction this request concerns

Class or subject: \_\_\_\_\_

Book, lesson, activity or presentation: \_\_\_\_\_

Date or dates, if known: \_\_\_\_\_ Teacher: \_\_\_\_\_

## Part Two — The basis of this request

- ☐ Religious accommodation. Requiring my child to take part would burden our family's sincere religious practice.  
*First Amendment to the United States Constitution; Mahmoud v. Taylor, 606 U.S. 522 (2025).*
- ☐ Excusal from comprehensive sexual health instruction.  
*California Education Code section 51938.*
- ☐ Excusal from instruction on preventing human immunodeficiency virus.  
*California Education Code section 51938.*
- ☐ Inspection of the curriculum materials for the class named above.  
*California Education Code section 51101(a)(8).*
- ☐ Inspection of any survey, questionnaire or instructional material to be used with my child.  
*Protection of Pupil Rights Amendment.*

### Part Three — What we are asking for

- ☐ Advance written notice before the instruction takes place.
- ☐ An alternative assignment of equal credit.
- ☐ My child excused from the lesson or activity named above.
- ☐ Written acknowledgement that this request was received.
- ☐ A written reason, citing the exemption relied upon, if any part is refused.

The religious conflict, briefly:

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Print name: \_\_\_\_\_

Relationship: \_\_\_\_\_

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### Authorities

- First Amendment to the United States Constitution — free exercise of religion.
- Mahmoud v. Taylor, 606 U.S. 522 (2025) — notice and opt-out where instruction burdens religious exercise.
- California Education Code § 51938 — notice and excusal, sexual health and prevention instruction.
- California Education Code § 51101(a)(8) — right to examine curriculum materials.
- Protection of Pupil Rights Amendment — 20 U.S.C. § 1232h; 34 C.F.R. Part 98.

*This form is provided as administrative assistance only. It is not legal advice, and whoever gave it to you is not your attorney. If you need legal advice, consult a licensed attorney.*